

## **Fatigue Relieving Support For Steering Wheels and the Like**

### **ABSTRACT**

A system and method for relieving and preventing fatigue caused by extended gripping of a vehicle/vessel steering wheel. The system includes a first section that attaches to the rim of the steering wheel at a predetermined location and a deformable second section that connects to, and extends outwardly from, the first section. The deformable second section supports a portion of the body such as wrists, hands, and forearms.